

# Hillingdon Health Centre



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Date:

Dear \_\_\_\_\_

I am writing in response to your request for a letter regarding insurance for your holiday. This is not work that is provided on the NHS and as you will appreciate, we are under unprecedented demand at present and our capacity to do any non-NHS work at this time is very limited.

If you are due to travel to an area of high risk of infection where the FCO has advised against all travel you do not need a note from your doctor.

If you have a medical condition which puts you at higher risk of complications from Covid-19 infection (for example cardiovascular disease including high blood pressure and existing respiratory conditions such as asthma and COPD) and have decided that you do not want to travel, the surgery can provide a print-out of a brief medical summary which lists your medical conditions. However, we are unable to write bespoke letters or assess individual's suitability for travel.

Please let us know by return if you would like a copy of your medical summary, but please be aware that this may take longer than usual.

We thank you for your support and consideration at this time.

Yours sincerely,

DR A MEHTA  
HILLINGDON HEALTH CENTRE